

## *Speak Up & Speak Out!!!*



### Resources

- **National Domestic Violence Hotline (800) 799-7233**  
[www.thehotline.org](http://www.thehotline.org)
- **National Coalition Against Domestic Violence-**  
[www.ncadv.org](http://www.ncadv.org) (800) 572-7233
- **NJ Coalition Against Sexual Assault (800) 601-7200**
- **Teen Violence (800) 650-6522**  
[www.teendvmonth.org](http://www.teendvmonth.org)
- **Camden County Women's Center/ Outreach (856) 963-5668**

### Silent Tears Contact :

609-321-0458

[www.silenttearsdv.com](http://www.silenttearsdv.com)

[Info@silenttearsdv.com](mailto:Info@silenttearsdv.com)

[www.facebook.com/SilentTearsEndDv](https://www.facebook.com/SilentTearsEndDv)

[@SilentTearsDv](https://www.facebook.com/SilentTearsDv)

## *Could You Be A Victim?*

### **Identifying An Abusive Relationship:**

**Domestic violence is a pattern of abusive behaviors that some individuals use to control their intimate partners. Domestic violence can include physical, sexual and emotional abuse, and other controlling behaviors.**

### **Does Your Partner Ever:**

- 1) Hit, kick, shove or injure you?
- 2) Use weapons/objects against you or threaten to use them?
- 3) Force or coerce you to engage in unwanted sexual acts?
- 4) Threaten to kill you, himself/herself, children, pets, or others?
- 5) Control what you do and who you see in a way that interferes with your work, education or other personal activities?
- 6) Steal or destroy your belongings?
- 7) Constantly criticize you, call you names or put you down? Make you feel afraid?
- 8) Deny your basic needs such as money, food, housing, clothing, or medical and physical assistance?
- 9) Act like the abuse is no big deal, it's your fault, or even deny doing it?
- 10) Threaten to hurt you or others, have you deported, disclose your sexual orientation or other personal information?

**If you answered "YES" to any of the above questions, it may be time to think about your safety. Call 1 (800) 572-SAFE (7233) for a referral to a local support program in your area.**

## *SILENT TEARS DV FOUNDATION*



*Every Tear Has a Story,  
But Not Every Story is  
Heard!....*

# Silent Tears



# DV Foundation



**Silent Tears** an anti-domestic violence non-profit organization founded October 2010 by survivor & advocate **Monica Steele-Taylor**, dedicated to help women, children and men involved in domestic violence relationships. Domestic violence is not a disease it is an epidemic. Please join us in the quest to eradicate this horrific act of violence.

Silence is **NOT** golden. Break the silence by empowering, encouraging and motivating others with your powerful journey! There is a way out. Let us help you safely get out of an abusive relationship!

**SPEAK UP, SPEAK OUT & BE HEARD!**

## Our Mission & Goals:

Every 9 seconds in the U.S. a woman has been assaulted or beaten. Around the world 1 in every 3 women have been beaten, coerced into sex, verbally abused during their lifetime while in a relationship. Domestic violence is the leading cause of injury to women more than car accidents, muggings and rape combined! Everyday in the U.S. at least 3 women are murdered by their husbands or boyfriends. At least 1 out of 5 teenage girls who have been in a relationship were threatened with violence or self-harm by their boyfriends when presented with a breakup. Nearly 10 million children annually witness some form of domestic violence in their home. Men who as children witnessed their parent's domestic violence are twice as likely to abuse their girlfriends or wives than a sons of nonviolent parents. To help break this violent cycle, we have to start at the core of



the foundation: Children growing up in homes in a domestic violent environment.

## **Our mission:**

To break the silence, the cycle and eradicate domestic violence. We strive to assist victims, survivors and their families by providing them with information, resources and connecting them with services to better aid them through their personal crisis.

We provide support and advocacy services to victims/survivors of domestic violence and their children. We encourage empowerment of survivors and work towards the advancement of all people through awareness and prevention activities.

## **Our Goals:**

Establish a Silent Tears Foundation House which will provide shelter for the victims of domestic abuse and their children  
Provide educational and counseling resources for adults, Teen Dating, Girls and Boys on domestic violence.  
Funding for educational scholarships for victims and or children.

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